

# ASCENSION CATHOLIC CHURCH



March 10th, 2024

## 4TH SUNDAY OF LENT

For everyone who does wicked things hates the light  
and does not come toward the light, so that his works  
might not be exposed. - Jn 3:20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

11292 Clairemont Mesa Blvd., San Diego, CA 92124

### Mass Times:

Mon, Tue, Wed, & Fri., 8:30am  
Thurs., 8:30am Communion Service  
Saturday Vigil: 4:30pm  
Sundays: 8:30am, 11am, 5:30pm  
Confessions: Sat. 3:00-4:00pm

### Parish Office

### Website

Fr. Edwin Tutor  
Dcn. Jim Scull  
Dcn. Adam Curtis

858-279-2735

[office@ascension-sd.org](mailto:office@ascension-sd.org)

[www.sdascension.org](http://www.sdascension.org)

[revetutor@ascension-sd.org](mailto:revetutor@ascension-sd.org)

[deaconjim@ascension-sd.org](mailto:deaconjim@ascension-sd.org)

[deaconadam@ascension-sd.org](mailto:deaconadam@ascension-sd.org)

# Welcome to Ascension

## NEW TO THE PARISH?

Register with the office to ensure you are receiving all communication on parish events.  
Office - 858.279.2735 [office@ascension-sd.org](mailto:office@ascension-sd.org)

## Children's Liturgy Volunteers Needed

Our parish is looking to restart  
Children's Liturgy Ministry  
and we are requesting volunteers  
for our 11AM Mass.

If you feel a call to help us spread the  
Gospel message to our parish children

Please contact  
Abby Gonzalez, R.E. Coordinator,  
at [rel.ed@ascension-sd.org](mailto:rel.ed@ascension-sd.org)



## PENANCE SERVICES

<i>All Hallows</i>	<i>March 25th</i>	<i>4:00pm</i>
<i>Holy Family</i>	<i>March 18th</i>	<i>7:00pm</i>
<i>The Immaculata</i>	<i>March 18th</i>	<i>7:00pm</i>
<i>Immaculate Conception</i>	<i>March 21st</i>	<i>6:30pm</i>
<i>Mission San Diego</i>	<i>March 19th</i>	<i>7:00pm</i>
<i>Sacred Heart, OB</i>	<i>March 20th</i>	<i>7:00pm</i>
<i>St. Brigid</i>	<i>March 18th</i>	<i>5:30pm</i>
<i>St. Mary Magdalene</i>	<i>March 20th</i>	<i>7:00pm</i>
<i>St. Therese of Carmel</i>	<i>March 20th</i>	<i>7:00pm</i>

## CHAPLET AND ADORATION THIS WEEK

Mon. March 11th @ 3pm

Tue. March 12th @ 6:00 PM

Thurs. March 14th @ 3PM

Fri. March 15th @ 3PM

NO CHAPLET AND ADORATION  
Wednesday, March 13th: NO Holy Hour

## Ascension Parish Easter Egg Hunt

Sponsored by the Knights of Columbus



Sunday March 31st at 12:30 pm

There will be 4 age brackets

0-3, 4-5, 6-7, 8-10

With two bonus prizes per age bracket.

Please bring a basket or bag for the  
eggs/candy



**NEW Location: Roadrunner Park,**

**DUE TO THE BACK CAMPUS LAWN  
SEEDING**

La Cuenta Dr. & Valdemosa Ln  
Behind Farb Middle School

# Pray with Us!

## God of Comfort,

send your Spirit to encompass all those whose lives are torn apart by violence and death in Israel and Palestine.

You are the Advocate of the oppressed and the one whose eye is on the sparrow. Let arms reach out in healing, rather than aggression

Let hearts mourn rather than militarize.

## God of Love,

we lift up Palestine and Israel — its people, its land, its creatures.

War is a monster that consumes everything in its path. Peace is a gift shared at meals of memory with Christians, Muslims, and Jews.

Let us burn incense, not children. Let us break bread, not bodies.

Let us plant olive groves, not cemeteries.

We beg for love and compassion to prevail on all your holy mountains.

## EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Awake, O Sleeper!

This morning came a little earlier than I would have liked — Daylight Savings Time always does.

Sometimes that morning sunlight seems more intrusive than illuminating. You're still half-lost in sleep, and that sun is demanding of you a lot more than you're ready to give.

I've said it, and I'm sure you've said it, too. "Just five more minutes." You hit the "snooze" button on your iPhone once (maybe twice? Show of hands?) and turn away from the window.

So many kings of the Old Testament were steadfast in their sleepy ways, rejecting the light their God tried to share with them. Likewise, John tells us that, though Light — Christ — was sent into the world, the world preferred darkness.

Sometimes it seems, when reading through Scripture, that all throughout salvation history, God has been trying to pull back the curtains, to rouse us from our defiant slumber. And we resist Him. Time and time again, we resist Him.

Light brings a certain responsibility with it. It seems to compel productivity. Furthermore, there's no hiding in the light. Any photographer worth his salt knows how to manipulate it, highlighting the good and casting some merciful shade on the bad.

As we enter into the fourth week of Lent, we're getting so close to the main event. Can we handle the light that will come on Easter morning, bursting into the tomb as the stone is rolled away? Can we keep ourselves from hitting the "snooze" button on our souls, and sit up to face the dawn of a new day?

— Tracy Earl Welliver, MTS

## MASS Intentions

Sun, March 10th	8:30am	Parishioners of Ascension
	11:00am	Georgia Olsen†
		For the people of Ukraine
Mon, March 11th	8:30am	Dennis Fox†
	5:30pm	For the return of those who left the Catholic Faith
		Robert Eammelli†
Tues, March 12th	8:30am	Leonardo†
Wed, March 13th	8:30pm	Phil Amarillas†
Thru, March 14th	8:30pm	Communion Service
Fri, March 15th	8:30am	Ken Wood†
Sat, March 16th		Chans Valdez
	4:30pm	Araksi Benneian†
		John Fazio†
Sun, March 17th	8:30am	Chester Milia†
		David Egan†
	11:00am	Parishioner of Ascension
	5:30pm	Marc Roy Hyman†
		Tom Guyette†

## PRAYER REQUEST

If you have name/s to be included in this prayer list, please contact the parish office. The "†" indicates that the person is deceased. Your prayer will remain on the list for one month (space providing).

Norma Bean	Vicky Pantua†	Luigi Gargaro
Yolanda Peterson	Ella Lopez	Fr. Michael Garcia
Christina Chacon	Manuel De La Vega	Roger Hoffman†
Karen Garcilazo†	Mark De La Vega	The Hoffman Family
Joe Gracilazo	Georgia Olsen†	Mari-Beth Turner
Chris Timmins†	Whitney Colleen Hantz	Christiane Hoffman-Frank
Jack Roghair	Beth Falcao	Tom Beamon†
Lorna Lewis	Frances Gargaro†	Sam Beamon†

# Upcoming Events

## REPORTING ALLEGATIONS OF SEXUAL MISCONDUCT

The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential and thorough manner.

**To report sexual misconduct by clergy or Church personnel, including abuse,**

**Please call Mary Acosta,**

**Victim Assist. Coord.**

**858-490-8353**

**Email:**

**[misconduct@sdccatholic.org](mailto:misconduct@sdccatholic.org)**



**Coffee & Doughnuts  
Fellowship  
March 17th & 24th 2024**



**Children's Stations of the Cross  
Please Join us  
March 15th at 6pm**



## HELP SAVE LIVES IN MIRA MESA!

**You can protect mothers and children** by joining this worldwide mobilization! Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers and saved more than 22,000 babies!

**Here's how to take part:**

- **Vigil location:** On the public sidewalk outside Planned Parenthood-Mira Mesa (10717 Camino Ruiz, San Diego 92126). Meet on the sidewalk/grassy area near Carl's Jr.
- **Vigil hours:** 7 am to 7 pm daily, Feb 14 – Mar 24
- **Local contact:** Doug C.; SD\_40D4L@yahoo.com

**Learn more and get involved by visiting our campaign:**

**[40daysforlife.com/sandiegomiramesa](http://40daysforlife.com/sandiegomiramesa)**



**Ascension's designated day will be Tuesdays from 9-4.**

If Tuesday doesn't work, any day during the campaign is appreciated. We recommend signing up on the website and going with another person.

Call Terry Duffield at 858-569-9189

## St. Columba Guardian Angel Scholarship Fund

**St. Columba Guardian Angel Scholarship Fund - Day of Giving**

Thank you for participating in the Day of Giving for the School Annual Fund! It is through the generosity of parishioners like you that we are able to offer the excellent gift of education at St. Columba Catholic School to all who desire it.

If you have not yet had a chance to return your commitment card, you may do so by dropping it in the mail, in the collection basket, at the school office, or by visiting our school website at

<https://www.stcolumbaschool.org/>

to complete an electronic commitment card by using the donate button.

Thanks!

**John Amann  
Principal**

# Time, Talent, Treasure

## Your Gift of Treasure

### Weekend of March 3rd, 2024

	03/03/24	03/05/23
Collection	\$9,086.20	\$9,219.56
Fiscal YTD	\$303,344.33	\$310,261.94

With gratitude for the gifts we have received, parishioners and visitors made a joyful return to the Lord of the following:

ACA 2024 Goal: \$33,233.00

Church Renovation Donations: \$3,206.88

Thank you for your support & generosity!

## Fiesta Book Booth

Donations are being accepted for the Fiesta Book Booth.

We need your used books - fiction, non-fiction, children's, cookbooks, etc., as well as videos, music, and computer games.

Please drop off at the parish office during business hours or for pick-up (of larger quantities), call (858) 336-2008.

Please note that we are only able to accept items for the Book Booth at this time

Easter Flower Donations are being accepted in the donation box in the vestibule.

Envelopes are available in the pews.

Thank you for your generosity



For your convenience

Sign up for Electronic donations please use our secure online donation through our website:

<https://www.sdascension.org/donate-online>

Thank you and God bless.



## GOLDEN CIRCLE POTLUCK

Thursday, March 21st, 6-9 p.m.

Location: the Pavilion

Lads and Lassies, 55+, come and enjoy a special St. Patrick's Day celebration with "corned beef and cabbage"

plus other delectable Irish dishes!  
UNO will follow clean-up!

Please RSVP to one of the following Hostesses:

A-E, Maria Montenegro, 619-889-1422

F-L, Felicia Mezich, 858-569-9353

M-R, Dennis James, 858-715-8697

S-Z, David Akers, 858-437-1445

## Fellowship Meeting

March 16th in the Pavilion

Pot luck dinner starts at 6 pm

Presentation starts 7 pm

Topic: We will review and discuss videos from Bishop Barron's Word on Fire Ministry

## Beads & Brew Men's Fellowship

March 13th @ 7pm

Location: The Pavilion

# LENTEN SEASON

## LENTEN FASTING & ABSTINENCE

### FASTING

Ash Wednesday  
Good Friday

Ages 18– 59

### ABSTINENCE

Every Friday  
during Lent

Ages 14+



### Am I excused from fasting & abstinence?

Outside the respective age-limits shown above, those who are ill or suffering from chronic illnesses are excluded from fasting. Also excluded from both fast and abstinence are pregnant or nursing women.

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

## Fridays of Lent—Stations of the Cross

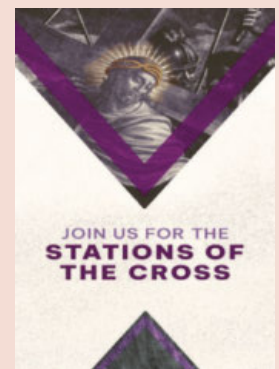
March 15th, March 22nd @ 6:00 PM  
Good Friday, March 29th @ 7pm  
No Stations on March 8th

Our parish tradition for the past few years has been to have our families lead the Stations of the Cross on the Fridays of Lent. This is a simple devotion and you will have support and training beforehand by your deacons.

Please consider this prayerful activity for your family during this Lenten Season, where grace abounds.

To sign up please contact:

Deacon Jim Scull at  
[deaconjim@ascension-sd.org](mailto:deaconjim@ascension-sd.org)



## Parish Contact Information

Altar Flowers: Ann Galbraith	858-279-2735	Love Our Priests: Jean Hosenkamp	858-560-7132
Altar Servers: (Children) Tom Tomp	858-496-9267	Marian Prayer Group: Rosa Germain	858-279-7397
Altar Servers: (Adult) Carlos Becerra	858-337-6474	Military Outreach: Rick Kania	858-405-3013
Altar Committee: Angela Jones		MOC: Deacon Jim	<a href="mailto:deaconjim@ascension-sd.org">deaconjim@ascension-sd.org</a>
Parish Fellowship: Henry Ng	858-223-3380	Ministry to the Sick: Deacon Jim	858-279-2735
Men's Fellowship: Deacon Adam	858-279-2735	Music Ministry:	
Baptisms: Deacon Adam	<a href="mailto:deaconadam@ascension-sd.org">deaconadam@ascension-sd.org</a>	(Sat 4:30 PM) Billy Fallon	855-279-2735
Bereavement Ministry: Pat Berkebile	858-278-5497	(11:00AM) Marianne Gutierrez	<a href="mailto:marianne@ascension-sd.org">marianne@ascension-sd.org</a>
Caring for the Whole Person:	858-279-2735	(Sun 5:30PM) John Sperrazzo	<a href="mailto:john@ascension-sd.org">john@ascension-sd.org</a>
Deacon Jim & Mattie Scull		Office	<a href="mailto:office@ascension-sd.org">office@ascension-sd.org</a>
Children's Liturgy of the Word:	858-279-2735	Pastor	<a href="mailto:revetutor@ascension-sd.org">revetutor@ascension-sd.org</a>
Coffee & Donuts: Sharla Hank	619-315-5553	Pastoral Council:	858-279-2735
Eucharistic Ministers: Fran Lebron	858-442-1826	Prayer Quilts: Gail Janes	858-414-6361
Fiesta Chair: Henry Ng	858-279-2735	Pro-Life: David Akers	858-437-1445
Finance Council: Joe Kennedy	858-279-8413	RCIA: Bonnie Curtis	858-279-2735
First Friday Adoration: Maxima Agnas	858-278-4543	RCIC: Abby Gonzalez	858-279-2735
Golden Circle: Dennis & Yolanda James	858-715-8697	R.E Coordinator: Abby G.	<a href="mailto:rel.ed@ascension-sd.org">rel.ed@ascension-sd.org</a>
Grief Support: Sandy Canzoneri	858-565-2101	Single Seniors Fellowship: Danielle Deaton	858-278-0755
Knights of Columbus: Mark Elfman	858-775-4647	Ushers/Hospitality: Ray Lebron	858-775-6734
Lectors: Fran Lebron	858-442-1826	Youth Coordinator: Natalie V.	<a href="mailto:youth@ascension-sd.org">youth@ascension-sd.org</a>



## **MINISTRIES OF CHARITY UPDATE #2024 – 5** **February 26th, 2024**

Dear Friends in Christ,

We hope your Lent has gotten off to a great start, with prayer, fasting, and almsgiving. If you are looking for ways to have a meaningful Lent, please join your MOC Team as we plan events in which our parishioners can participate by serving the poor, homeless and needy in many different ways. You can read about all of our activities in the parish bulletin, on the parish website, and here is your next **MOC Update #2024 -5**.

### **MILLION MEALS 2024:**

Again this year the Deacons of our diocese will support **Million Meals 2024** as an annual Diocesan-wide Diaconate Event. It is scheduled to occur on the **Weekend of June 8<sup>th</sup> and 9<sup>th</sup> at Cathedral Catholic High School**.

Please join Deacon Adam and Deacon Jim who will be leading **MME Team Ascension** to help package **1.5 million meals**. We would like to bring a team of 100 parishioners to work on this event. You can go directly to the **Diocesan Website and the MME link** and use the **MME QR code**, to both sign up and donate to support **MME 2024**. This is a fun event for all parishioners, families and children!

The **cost of the ingredients for one and one-half million meals is \$375,000**. This is just **\$.25 per meal**. Please, help support our fundraising effort to make this event successful. You can find MME envelopes in the pews or at our table in the vestibule. **Every dollar helps**.

God Bless, Deacon Adam and Deacon Jim

### **Rachel's Dinner Service:**

Our next **Rachel's Dinner Service** is on **Tuesday, March 19<sup>th</sup>**.

**Ann could really use some help with food prep, if you would like to help, please contact Ann Galbraith ([anngalbraith1@gmail.com](mailto:anngalbraith1@gmail.com)) or the parish office help support this MOC event.**

### **Future Meeting Schedule:**

**Ministries of Charity (MOC):** March 20<sup>th</sup> at 7pm in the Pavilion  
**Caring for the Whole Person (CWP):** March 26<sup>th</sup> 1:30pm in the Pavilion

**SEE THE FULL MOC UPDATE ON THE WEBSITE [sdascension.org](http://sdascension.org)**

## GARAGE DOOR R&R MECHANICAL

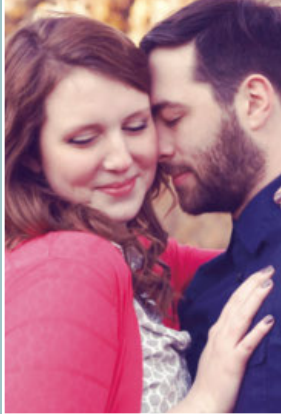


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## Medicare Questions?

**Call Jim Knox**  
**858-775-0101**

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**Carlos Vargas**

9660 Aero Dr.  
San Diego, CA

**858-560-5898**



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Mon-Sat

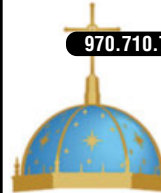
9AM-7PM

Sun

10AM-5PM

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